



MILITARY SPOUSE EMPLOYMENT

Military spouses make incredible sacrifices and often leave meaningful employment to begin again at a new location. To help understand and overcome employment challenges, we asked current and former military spouses about their experiences and for their advice.

52% said they were unsatisfied with their current employment



They also told us that finding employment is difficult and this issue contributes to the burdens associated with being a military family:



84% said being a military spouse makes finding employment more difficult

32% said it puts a strain on their marriage



Many said it takes longer to find work and their salaries are lower compared to others:

78% said it takes longer to find work



are lower compared to others:

48% said their pay or salary is lower because of their status



Despite having proven skills and experience, many believe that employers are reluctant to hire them:



73% think their status is a disadvantage in the hiring process

Learn more about this study or participate in a related project at Military-Transition.org





RECOMMENDATIONS

Current & former military spouses said that you should:

1 BUILD YOUR NETWORK

Always be looking for opportunities to meet with others and learn more about the community and employment opportunities. Networking is one of the best ways to find a position and understand the job environment. Use social media tools, such as LinkedIn, to identify potential connections. Share your experiences and introduce friends to build your network. When appropriate, ask for employment insights, advice or recommendations.

2 DO YOUR HOMEWORK

Before arriving at a new duty location, you should search for employment opportunities online and via your network. Keep an open mind and pursue leads in fields of experience or interest, then follow-up in person when you arrive.

3 ENGAGE WITH EMPLOYERS

Speak with previous employers and ask if they have offices, partners or connections at your new location. Reach out to these and other potential employers to introduce yourself and share your experiences. Be ready to talk about how you would contribute to their organization.

4 ATTEND EMPLOYMENT EVENTS

Prepare a strong resume, practice your introduction and attend a career fair at your new location. Speak with every employer since they talk with each other and you never know who's looking or the types of skills they need.

5 ASK FOR HELP

People don't know that you need a hand unless you ask. Don't be afraid to enlist the assistance of a local placement firm since employers often ask them for help.

BROUGHT TO YOU BY: